

# DELTA KAPPA

*The Official Newsletter of The Lambda Chapter*

## What's Inside

- ◆ Letter from the President
- ◆ Welcome New Board Members
- ◆ T-shirts Are Available
- ◆ Mentors/Mentees
- ◆ Future Social Event
- ◆ DKL Meets Congress!!!
- ◆ Highlights from OAMFT and AAMFT
- ◆ DIStEr MeNtAl HeAlth!!!

*Thank You To Our*

*Donors*

*Dr. Karin Jordan*

*Dr. Rikki Patton*

*Ulia Fisher*

*Noelle Chavelle-*



## Letter from the President



Welcome back to a second year of Delta Kappa Lambda! This is an exciting year and we are ecstatic to welcome back previous and new members! Many great accomplishments occurred in our first year and we look forward to more. We have come a long way in one year and plan to keep the momentum going. We accomplished numerous fun social events, a toy drive, induction ceremony, membership and mentorship program, and a spring workshop in just our first year. And that is not including the leadership and networking opportunities! This year will be thrilling and we invite students and professionals to join with us in making this year another great and fun Delta Kappa Lambda year!

*Megan Vitek, Delta Kappa Lambda President*

## Meet The Delta Kappa Lambda Board for 2015/2016



### **President: Megan Vitek**

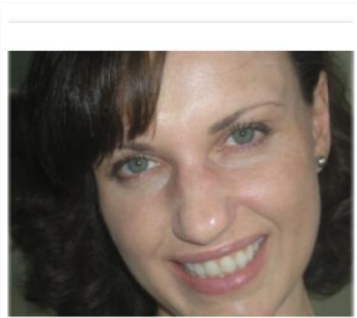
My name is Megan Vitek and I am a second year doctoral student in the Counselor Education Program: MFT track. I earned my Masters in MFT at the University of Akron as well. My research interest is working with the military population and their families. I look forward to continuing to expand my knowledge in the field.

### **President Elect: Jenn Goerke**

I am currently finishing my master's internship before entering the PhD in Counselor Education and Supervision: MFT/C track. My interests are with youth trauma, substance abuse and its effects on the family, and domestic violence. I am excited about all the opportunities DKL has to offer. As President Elect, I am honored to be working closely with the president and vice president in their roles before transitioning to president next year. I look forward to collaborating with other members, community outreach, and assisting with the development of DKL.



### **Past President: Ulia Fisher**

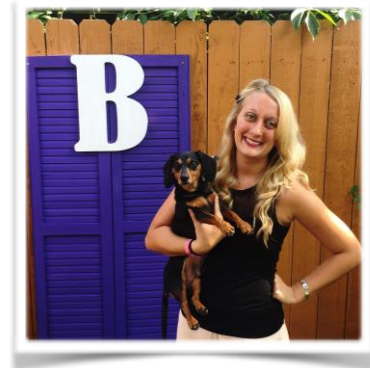


Ulia Fisher is Russian-born and has resided in Cleveland, OH for over 20 years. Ulia is pursuing her PhD in Counselor Education and Supervision: Marriage and Family Therapy/Counseling Track. She received her Master's in MFT from UA, as well. She enjoys clinical and research work. Ulia's research interests include diverse populations and family violence, with a focus on effects of immigration and acculturation. She is currently an advanced internship at the Akron Children's Hospital, PHP Program.



### **Program Vice President Co-Chair: Molly McDowell-Burns**

I am a third year MFT doctoral student & I am so excited to be a part of DKL again this year. As the social chair, my role is to plan chapter events as well as community events. Rick and I have so many great ideas and look forward to getting everyone involved. I am most excited for community outreach opportunities as I think we truly have something to offer others. Please contact me if you have ideas or want to get involved!



### **Program Vice President Co-Chair: Rick Dawson**



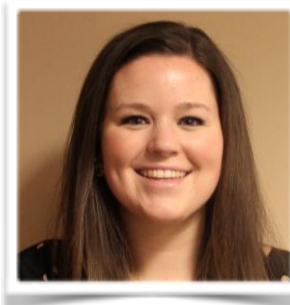
As I begin my second year in the PhD program in MFT/C I look very forward to working closely with my fellow students in MFT, counseling, and psychology. A diverse work history has enabled me to fully appreciate what great value we have in our programs, and I am eager to apply what I am learning to assist the survivors of violent crime and our first-responder populations with the serious consequences of trauma.

### **Membership Vice President : Amber Fensler**

My name is Amber Fensler and I just started my internship for the master's program. I am the Membership Vice President of Delta Kappa Lambda and I coordinate the Mentorship Program. This is my second year in this position and the participation in the mentorship program last year was very exciting. I look forward to making this year even better! Feel free to email me at [ana23@zips.uakron.edu](mailto:ana23@zips.uakron.edu) with any questions about membership, the mentorship program, or just to say hello!



### **Treasurer: Kalyn Jorgensen**



Hi everyone! I'm Kalyn Jorgensen, the current Treasurer of Delta Kappa Lambda. I am in my first semester of master's internship at Akron Children's Hospital, Intensive Services and am loving it so far. I moved to Ohio from Fort Wayne, Indiana for UA's MFT program and have thoroughly enjoyed all of the experiences I have had. I'm looking forward to seeing what great programs and services Delta Kappa Lambda has to offer this year!

# DELTA KAPPA LAMBDA

T-shirts are here!!!



Delta Kappa Lambda is excited to offer t-shirts to members, soon-to-be members, friends, family and MFTs!

~~\$15~~ now only **\$12**

If you are interested please contact Molly McDowell-Burns to place your order.

**Please include in your email:**

Name

# of shirts

Size (youth sizes and larger sizes available upon request)

[mjm138@zips.uakron.edu](mailto:mjm138@zips.uakron.edu)



## Chapter Board Members

**Faculty Advisor:**

Dr. Rikki Patton

**President:**

Megan Vitek

**Executive Vice President:**

Jennifer Goerke

**Past President:**

Ulia Fisher

**Secretary:**

Noelle Chapelle-Zamudio

**Program Vice President Co-Chair:**

Molly McDowell-Burns

**Program Vice President Co-Chair:**

Rick Dawson

**Treasurer:**

Kalyn Jorgenson

**Historian:**

Michael Pennington

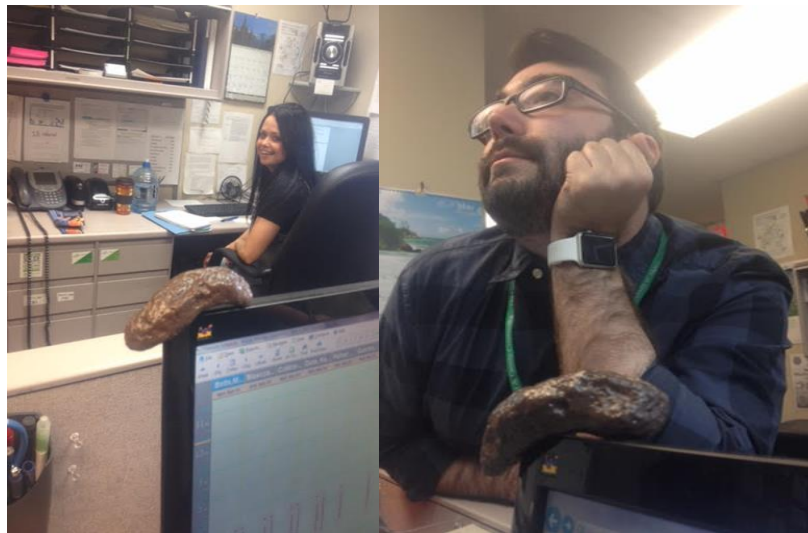
**Membership & Mentorship:**

Amber Fensler

**Committee:**

Aseem Garb, Laura Cianchetti

# DKL FUN!!!



## Mentors

Rick Dawson  
Laura Cianchetti  
Tara Freni  
Hillary Savage  
James Figley  
Ulia Fisher



**Mentors & Mentees  
2015/2016**

## Mentees

Haley Kiser  
Erica Garcia  
Greg Southard  
Dana Kopas  
Briyanna Elliot  
Abby Forshey

*"Mentoring is a brain to pick, an ear to listen, and a push in the right direction."*

*~ John C. Crosby*

For more information contact Amber Fensler:  
[ana23@zips.uakron.edu](mailto:ana23@zips.uakron.edu)





*Please Join Us For the*

**DELTA KAPPA**

*Fall Social*

On

**Friday October 23<sup>rd</sup>**

**5:00 PM**

At

*The Lockview Wine Bar*

*207 South Main Street, Akron*

*Please RSVP Rick Dawson*

[rsd24@zips.uakron.edu](mailto:rsd24@zips.uakron.edu)

## DELTA KAPPA Meets Congress!!!



Our faculty advisor, Dr. Rikki Patton, Program Vice President Co-Chair, Molly McDowell-Burns, and member of Delta Kappa Lambda, Dr. Heather Katafiasz met with Congress to advocate for the clients of the counseling profession and for mental health professionals. AAMFT graciously flew them to Washington, DC to advocate for support of The Mental Health Access Improvement Act of 2015. This act allows mental health professionals to be reimbursed by Medicare. The implications for the profession and for clients who are not financially able to obtain counseling are astronomical. Delta Kappa Lambda is proud to have a faculty advisor, Program Vice President Co-Chair, and member who advocate for clients and the field of counseling.

For more information go to:

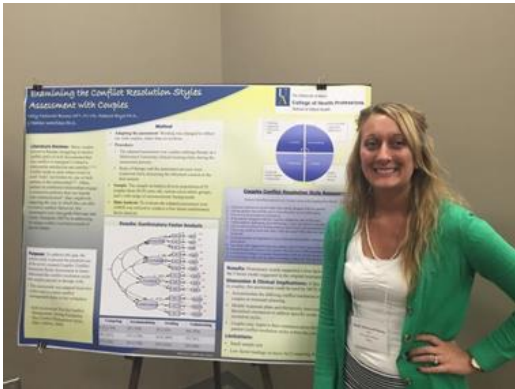
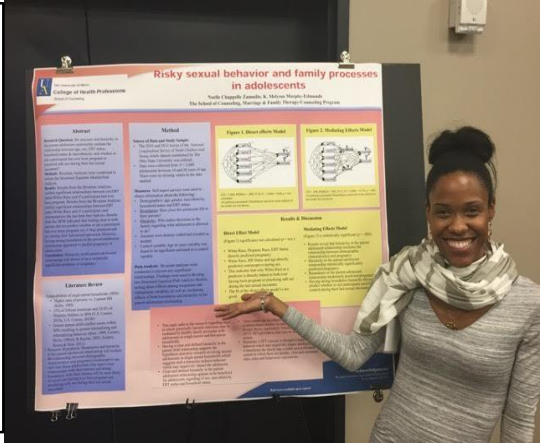
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Examined MFT's use of the ecosystemic model to assist military, first-responder, and cyberterrorism survivors of trauma.

This poster examined sexual behavior in adolescents from the National Longitudinal survey of Children and Young Adults was mediated by family processes including hierarchy and boundaries in the parent-child relationship utilizing a path analysis. Results indicated hierarchy predicted whether or not participants utilized birth control during their last sexual encounter. Additional studies will be conducted utilizing additional predictors based upon the results of this study.



Connected with many professionals through presenting about couples and conflict resolution.



Theory-guided research examining substance use among ethnic minority couples is lacking. Structural equation modeling using secondary data will be conducted to examine the association between Structural Theory and substance use among 395 Hispanic dyads. Several significant relationships are anticipated, indicating that the partner's perception of a structurally dysfunctional system is directly related to substance use in the dyad.

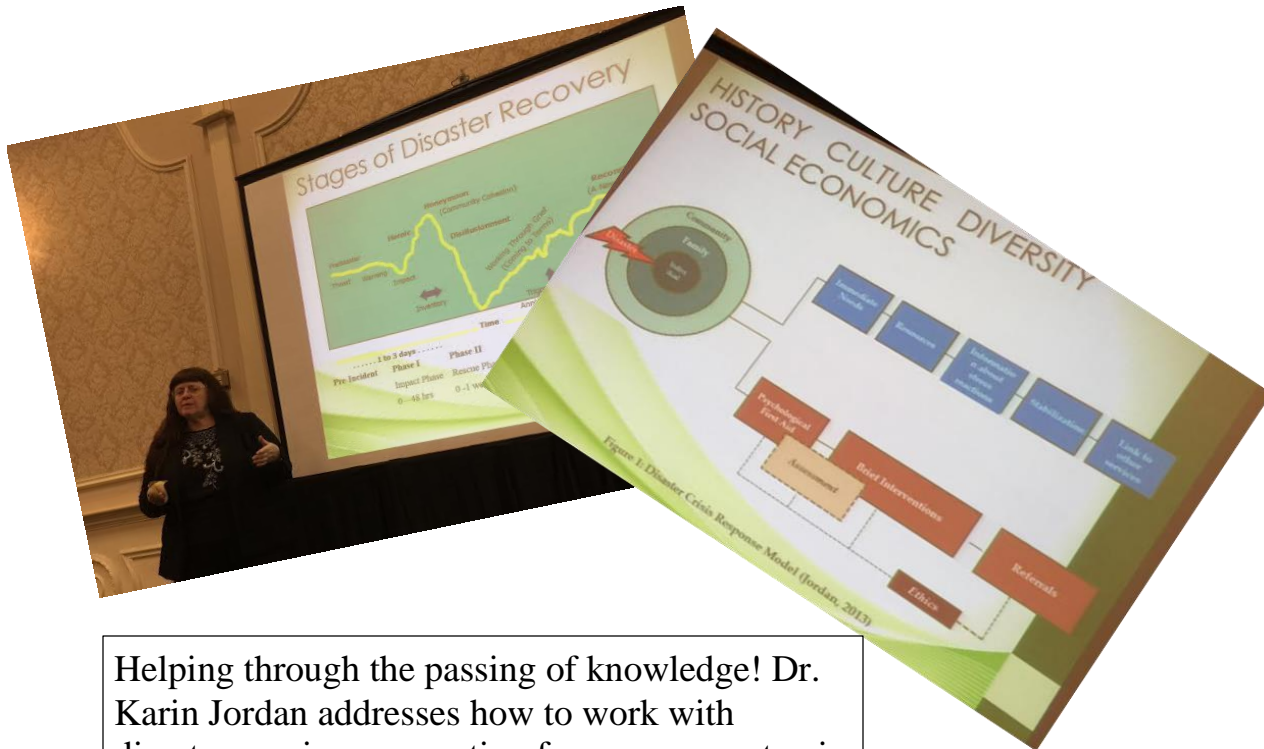
Examined the relationships between substance use, based on substance type, and gender among individuals with a history of military involvement. While this study is exploratory in nature, it is hypothesized men and women will differ on several different types of substances.



Connected with many professionals through presenting about technology.



# DIStEr MeNtAL HeAlth WoRkSHoP



Helping through the passing of knowledge! Dr. Karin Jordan addresses how to work with disaster survivors operating from an ecosystemic developmental model. Dr. Jordan also addresses vicarious, shared, and dual trauma.



Teaching an intervention to use with a disaster survivor!

# Until Next Time.....

